



Regenerative farming – benefits by nature!

5C Code

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The current status

Temperature increase by about 1°C
in the period from 1850–1900 to
2011–2020

Temperature increase by about $6\text{--}7^{\circ}\text{C}$
by 2100

Increasing air temperature will result in
**increasing CO₂ emission from the
soil**



What are the reasons?

Sources of greenhouse gas emissions:

44-57%
global food system

11-18%
land cultivation

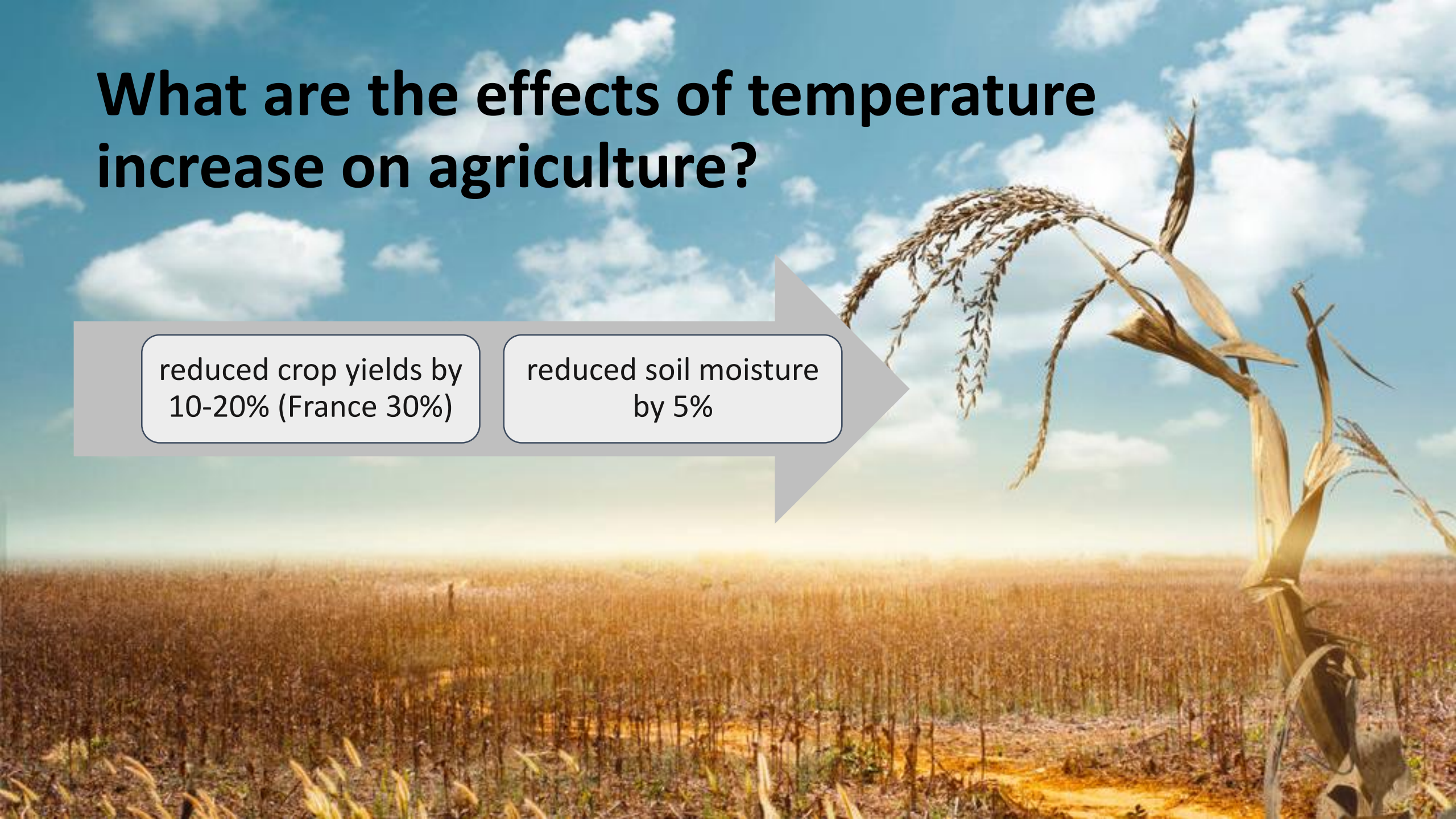
15-18%
deforestation



What are the effects of temperature increase on agriculture?

reduced crop yields by
10-20% (France 30%)

reduced soil moisture
by 5%





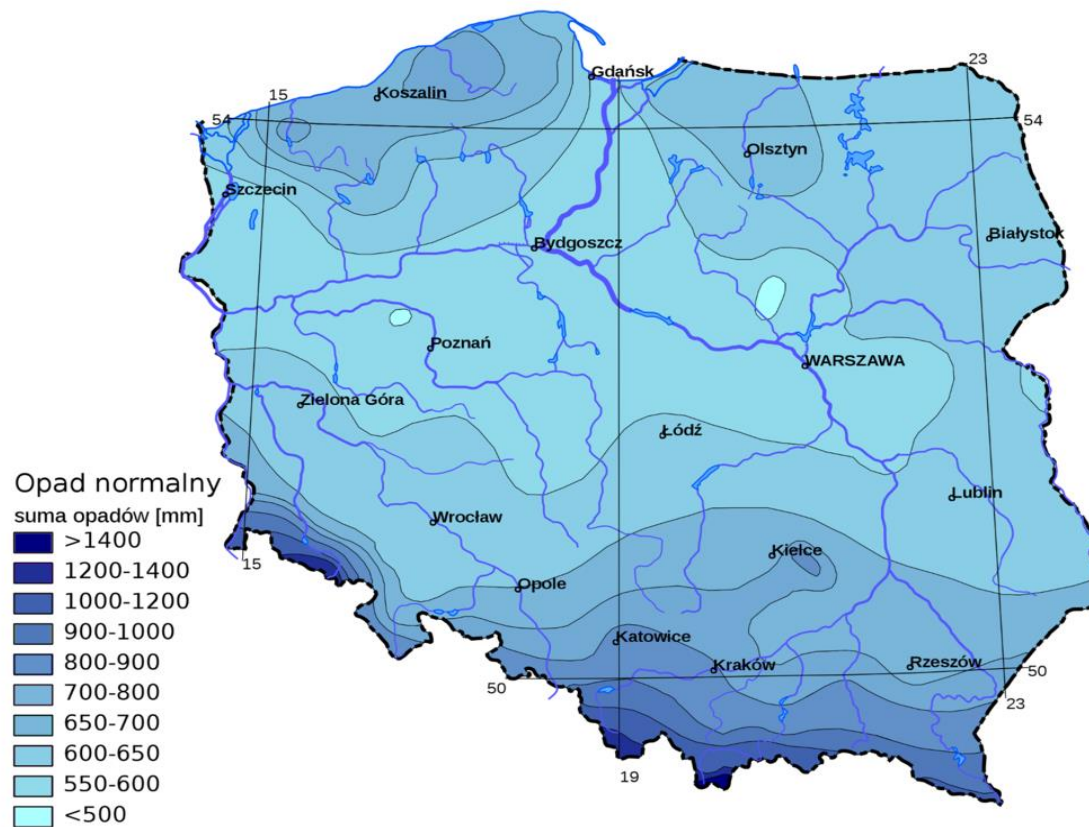
No matter where they work, each farmer needs soil



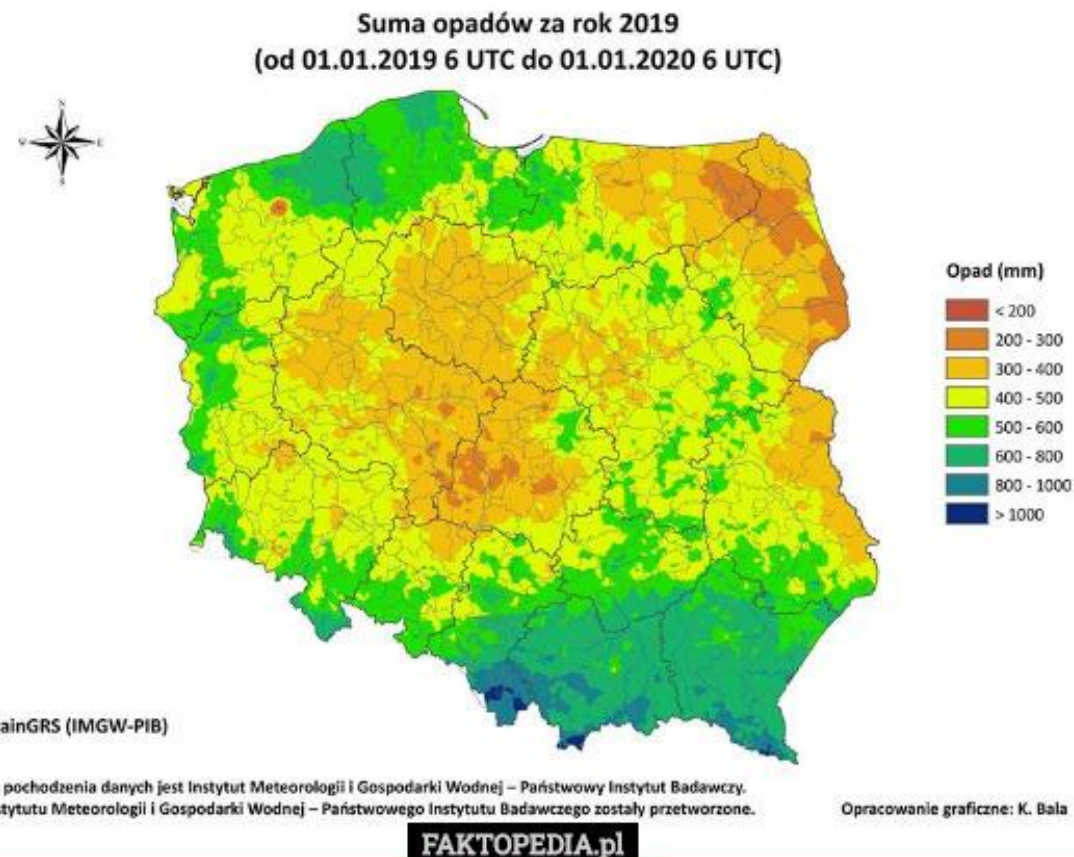
Soil is often degraded



Poland – multi-year precipitation [1967-2010 vs 2019] according to IMGW



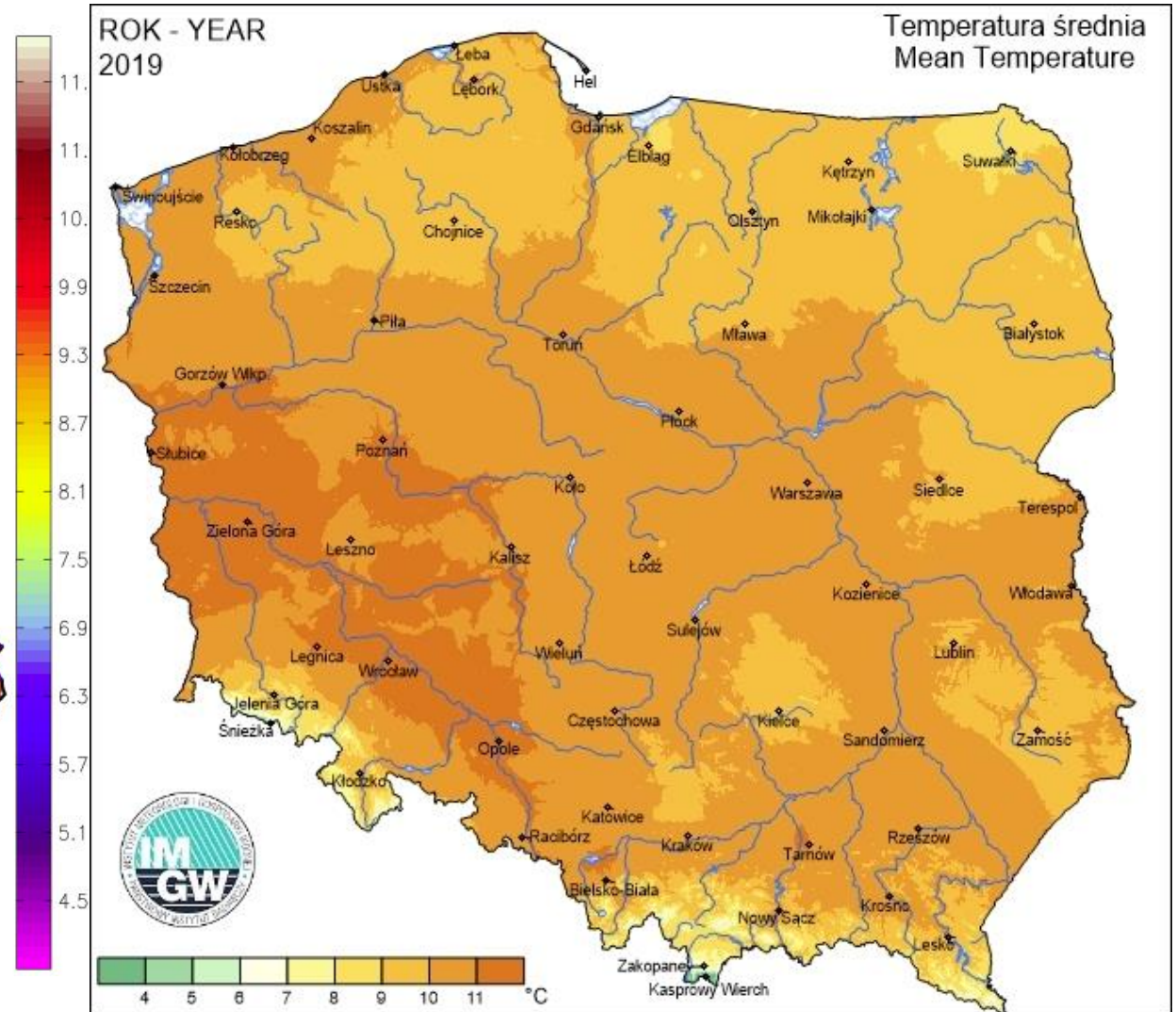
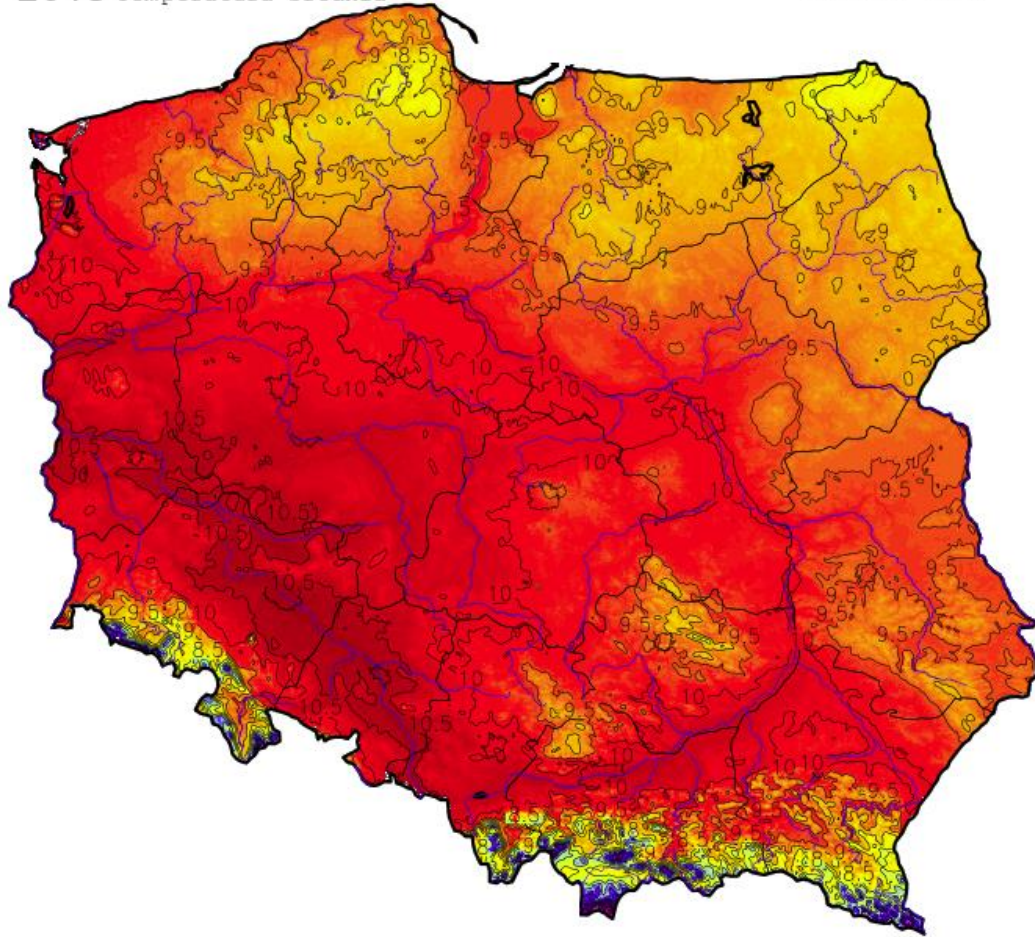
Average annual precipitation 1967 – 2010 [mm]



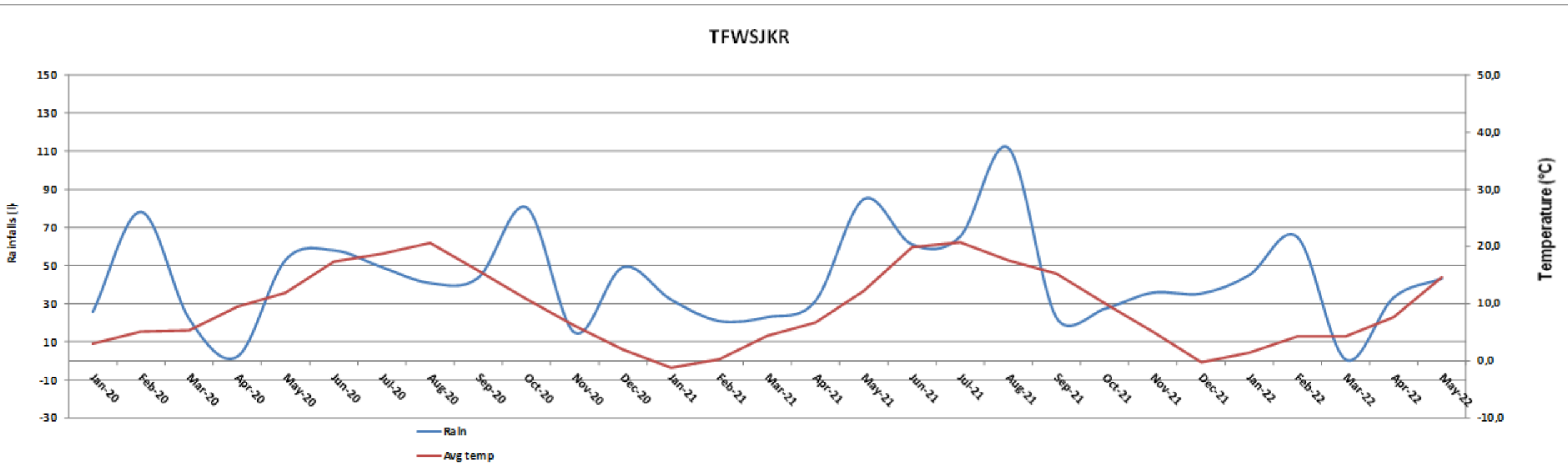
Suma opadów w poszczególnych obszarach
Polski w całym roku 2019.

Poland – mean annual temperature [2015, 2019] according to IMGW

2015 Temperatura średnia Średnia: 9.60



Walter's climate diagram for MidWest 2017-2021



Regenerative agriculture and agri-food industry

1985

1996

2002

SPADEK %



BROKUŁY

WAPŃ
 KWAS FOLIOWY
 MAGNEZ

103

33

28

- 73%

47

23

18

- 62%

26

18

11

- 55%



ZIEMNIAKI

WAPŃ

14

4

3

- 78%

MAGNEZ

27

18

14

- 48%



KORZENNE

WAPŃ

37

31

28

- 24%

MAGNEZ

21

9

6

- 75%



SZPINAK

WAPŃ

62

19

15

- 76%

WITAMINA C

51

21

18

- 65%



BANAN

WITAMINA B6

330

22

18

- 95%

WAPŃ

8

7

7

- 12%

KWAS FOLIOWY

23

3

5

- 79%

MAGNEZ

31

27

24

- 23%



Benefits of regenerative agriculture

Financial

Achievable now

- 1 – Increased crop yields
- 2 – Reduced expenses
- 3 – Sale of carbon credits

Achievable soon

- 3 – Eco-schemes
- 4 – Higher price of certified products

Furthermore

The farmer

- Higher fertility with lower costs
- Less sensitive to changing production conditions
- Balancing agriculture and environment
- Reputation/perception as friendly

Producer

- Reduced carbon footprint in the supply chain
- Stable supply of high quality raw materials certified by an independent body

Consumer

- High quality healthy food
- Environment is less exposed to degradation
- Combating global warming

What is a healthy soil





1 000 000 000 bacteria are in 1 gram of healthy soil

What is biologization - regenerative agriculture?

Holistic soil management system

Using first of all biological methods

Using chemical methods if no biological alternatives are available



Ensures food safety



Protects environment



Balances fertilising



Develops microorganisms



Improves quality of soil and in consequence of food

Objectives of biologization

5C biologization code is a holistic soil management system



The Code is based on the experience of the Top Farms Group and is a fundamental part of the 5C Biologization programme implemented by Terra Nostra Foundation.





1C - calcium

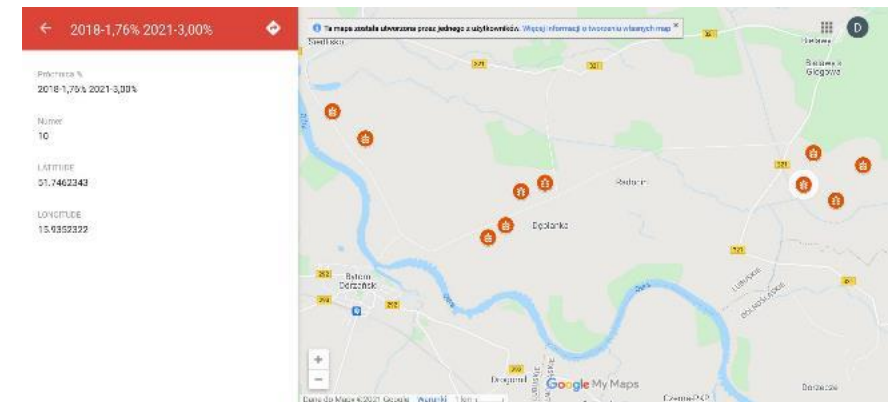
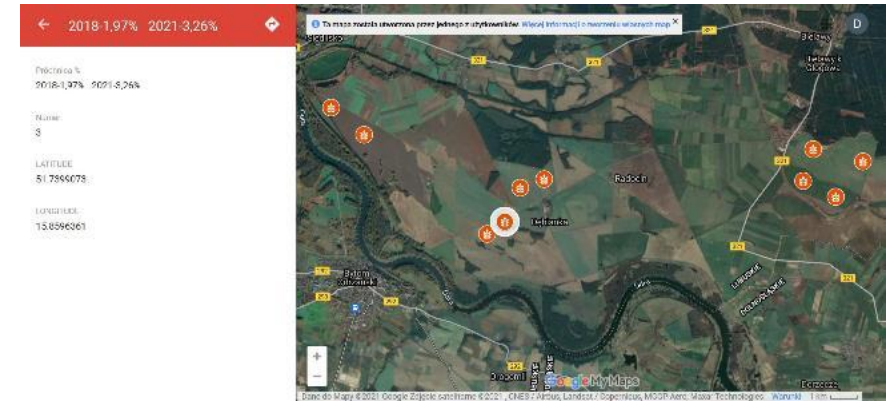
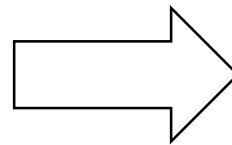
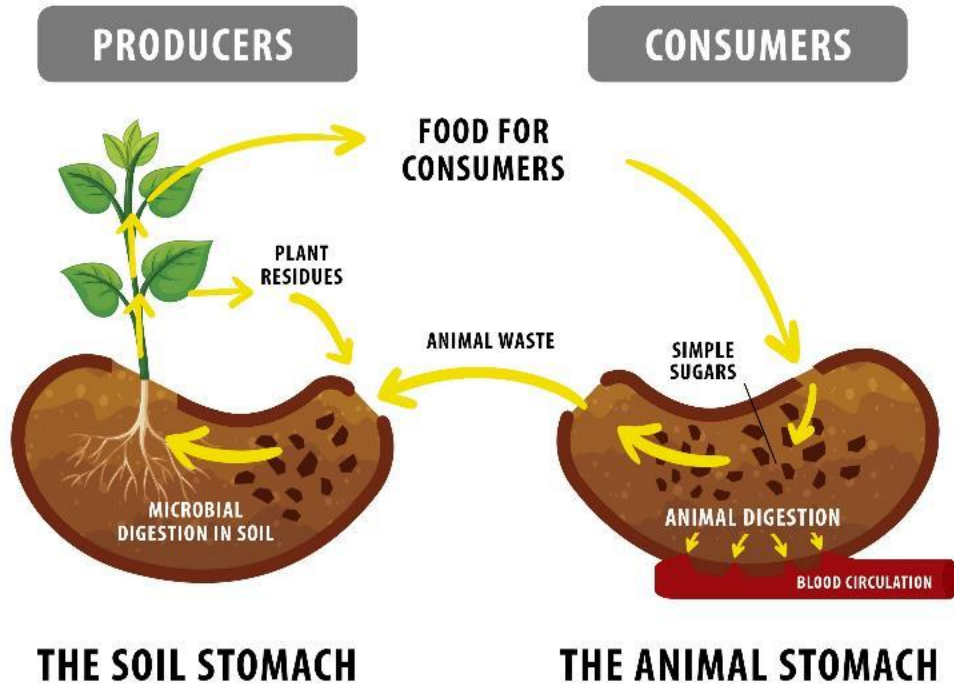




2C - carbon



Treat your soil as you would... a cow





3C - cover-crops



Cover-crops benefits

- ✓ Nutrients cycle engagement
- ✓ Increase organic matter content
- ✓ Erosion reduction
- ✓ Weeds suppression
- ✓ Increased soil absorption
- ✓ Biodiversity



Distance between fields is 2 km, the same soil type





4C - cultivation...

as little as possible, as much as necessary



Maize Summer 2021. Distance between fields is 2 km, the same soil type.



5C - culture

