## NATIONAL CANCER STRATEGY AND EU BEATING CANCER PLAN

Ministry of Health of the Republic of Lithuania 2021-12-16

## **LITHUANIA**



- ✓Population 2,8 mln.
- $\checkmark$  Area in km<sup>2</sup> 65 300
- ✓More than 17 000 new cancer cases
- ✓ Cancer is the second most common cause of death in Lithuania
   (20 % of all deaths)



#### NATIONAL CANCER CONTROL PROGRAM 2014-2025



# **OBJECTIVE AND TASKS**

✓The NCCP sets up operational objective to be achieved by 2025 – reduce the mortality rate from cancer

#### ✓ACTIONS:

- to improve cancer care coordination
- to develop an informed and healthy society
- to improve screening programs implementation
- to ensure timely comprehensive quality cancer diagnosis and treatment, reduce health services inequalities
- to improve quality of life for patients with cancer
- to improve the quality of training, development of education
- to develop of cooperation with non-governmental organizations
- to ensure a high-quality cancer data registration and publicly available information



### NATIONAL STRATEGY FOR DRUGS, TOBACCO AND ALCOHOL CONTROL, PREVENTION AND HARM REDUCTION UNTIL 2035 AND ITS ACTION PLAN

- Is being prepared by implementing the new Law on strategic management and the Governmental Programme
- It is the highest level, long term strategic document, to be adopted by the Parliament
- It is being developed by 6 huge inter-sectoral working groups (> 120 members)
- It is steered by high level political coordination group (Government, 7 vice-ministers, WHO and Drugs, Tobacco and Alcohol Control Department)
- Inter-Institutional Action Plan to be adopted by the Government in 2023 Q1



National Strategy will replace the State Drugs, Tobacco and Alcohol Control and Prevention Programme for 2018-2028 LIETUVOS RESPUBLIKOS SVEIKATOS APSAUGOS MINISTERIJA

## PLAN ON INCREASE IN ALCOHOL AND TOBACCO EXCISE DUTY RATES IN 2022-2024 ADOPTED 2021/06/29

- For spirits annual increase +6,8%;
- For beer annual increase +10%;
- For wines annual average increase +14%

- For cigarettes annual average increase +6%;
- For cigars, cigarillos annual average increase +20%;
- For wines annual average increase 14,3%;
- For heated tobacco products annual average increase 32%;
- For e-cigarette liquids annual average increase 28%



## **TOBACCO**

#### **Recent developments:**

- expanded list of **smoke-free places:** 

- common residential outdoor premises: balconies, terraces, galleries, if any of the residents of the multiapartment house has justified objections against

- outdoor places where catering services are provided, except special areas set for smoking

- public transport stops; children playgrounds; at outdoor events, except special areas set for smoking

- introduction of licensing of e-cigarettes, licensing of wholesale of raw tobacco

- introduction of **ban on advertising, promotion and sponsorship of devices** to consume novel tobacco products and tobacco related products

- introduction of regulation of the content of electronic cigarettes without nicotine (will come into force 05/2022)

#### Plans for development of smoking cessation services:

- tobacco brief advice and smoking cessation services in primary health care: preparation of the draft MoH order, manuals for service delivery and training of health care cialists;

LIETUVOS CARTURALOS with mass media campaign)

## ALCOHOL

#### **Recent developments:**

- further reduction of alcohol consumption and significant shift in consumption reduction among other WHO/EURO countries

- action plan to improve the availability and quality of addiction treatment and reduce harm for 2021-2024 adopted

- funding from the Compulsory health insurance fund for the inpatient treatment of addiction diseases under the Minnesota program approved

# Further development of alcohol brief interventions in primary health care:

- update of the MoH order for service delivery to improve availability of services provided
- services are provided in 93% of municipalities, since introduction until now – for 185 390 unique persons Alcohol, total per capita (15+) consumption (in litres of pure alcohol), WHO (2019)



In 2019, alcohol consumption in the world, measured in litres of pure alcohol per person of 15 years of age or older, was 5.8 litres, which is a 5% relative decrease from 6.1 litres in 2010.

#### **Plans for future developments:**

- regional Fund for strengthening of alcohol, drugs, tobacco prevention in municipalities;

- NDPHS ASA EG project "Local municipalities focused on preventing work to reduce the harm caused by alcohol and drugs"

- Rehabilitation programme within the framework of Alcohol Interlocks System



# **KEYHOLE LABELLING SYSTEM IN LITHUANIA**

• Full <u>compliance</u> with Nordic KeyHole criteria:

(low in saturated fat, sugar, salt and high in dietary fiber)

- KeyHole development tasks enrolled into national <u>strategic</u> documents
- Full <u>list</u> of KeyHole labelled foodstuffs published on the internet for population awareness and for official food control authority
- **Keyhole** is an easy <u>understandable</u> logo for all elements of the food chain, <u>free</u> and <u>positive</u>







### **GROWTH RATE OF ''KEYHOLE'' LABELLED FOODSTUFFS IN LITHUANIA (2014-2021)**





## CANCER CARE

# √*Primary health care*

Prevention (HPV vaccination launched in 2016 (11-year-old girls 62%, 2020) + screening (40-45%) + early detection

### ✓ Specialized cancer care

6 health care institutions, multidisciplinary team, cancer diagnostics and treatment + research + education + methodology

✓Rehabilitation, pallative care, pain treatment, psychological support



### SPECIALIZED CANCER CARE



- Multidisciplinary team
- The time to diagnosis (28 calendar days)
- The time from the diagnosis to treatment (14 c.d.)
- The waiting time of scheduled outpatient appointment (30 c.d.)
- The waiting time of scheduled inpatient care (60 c.d.)
- The wait time from the date of admission to hospital to the date of elective surgery performed (2 c.d.) etc.

# **MAIN ACTIONS 2014-2021**

- ✓NCCP Steering committee and indicators for annual cancer care evaluation was established and a website for sharing information was created
- ✓Coordination centers of screening programs were established, and quality requirements are being prepared
- ✓Project for designing, testing and launching of the effective patient flow model (,,green corridor") was launched
- ✓Investments in development of infrastructure and innovative technologies (digital mammography systems, linear accelerators gamma knife etc.) were done
- ✓E-Health System Development is being implemented
- ✓ Projects to support NGOs activities were financed



## NCCP AND BEATING CANCER PLAN



STEERING COMMITTEE (MIRROR GROUP)

- Mapping of gaps and opportunities
- Prioritization of needs
- Participation
- Report
- Monitoring and evaluation

